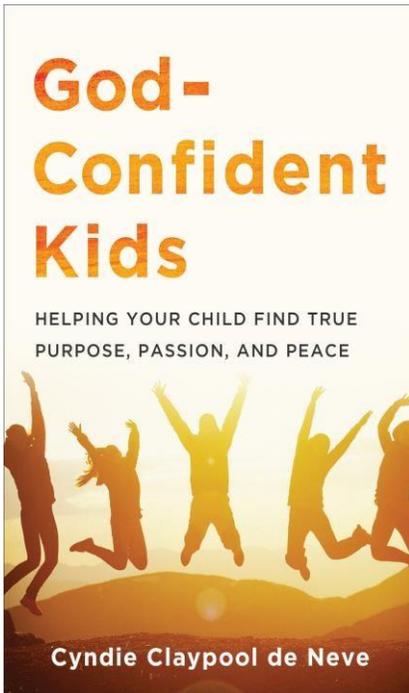


## Helping Gen Z Kids Find True Confidence and Peace in a World of Chaos



Unlike Millennials, this generation of children, called Gen Z, has been raised on 24-hour news cycles filled with school shootings, sexual assaults, and terrorist attacks. In an era of constant comparisons, they look to social media for validation through “likes” and “comments.” Growing up this way takes its toll. Gen Z suffers from more depression and anxiety than any other generation.

In her new book *God-Confident Kids: Helping Your Child Find True Purpose, Passion, and Peace*, associate marriage and family therapist Cyndie Claypool de Neve shares what she has discovered to be the essence of true confidence.

Parents and mentors will learn how to instill God-confidence in their children through God’s truths and practical tips to help encourage each child’s purpose and passion. Readers will learn how to talk with kids about events that create fear and anxiety in their lives, as well as provide steps to reframe their thinking, learn resiliency, address conflicts, and lead a peace-filled life of purpose.

“Every generation has its stumbling blocks for kids,” writes Claypool de Neve. “The key is empowering them to discover their own unique purpose by which they can develop true ‘God Confidence’ in order to stand firm despite our volatile, fickle society.”

**God-Confident Kids: Helping Your Child Find True Purpose, Passion, and Peace**  
by Cyndie Claypool de Neve

ISBN: 978080194330 | 224 pages, paperback | \$15.99 | October 2019

### About the Author



**Cyndie Claypool de Neve**, a former journalist with an MA in counseling psychology, is the coauthor of *Unshaken*, *Start with Praise*, and *Raise Them Up*. She has appeared on Dr. James Dobson’s *Family Talk Radio* and has a growing speaking ministry. She is an associate marriage and family therapist and works as the senior director of creative and technical services at Emmanuel Faith Community Church in Escondido, California. As the former director of communications for Moms in Prayer International, she helped establish the international day of prayer, Bless Our Schools Sunday, and Scripture prayer emails which are sent to 14,000 people daily. She lives with her husband and their two children—plus two rambunctious rescue dogs—in Escondido, California.

Baker Books has a vision for building up the body of Christ through books that are relevant, intelligent, and engaging. We publish titles for lay Christians on topics such as discipleship, apologetics, spirituality, relationships, marriage, parenting, and



Publicity Contact: Kelli B. Smith | [Ksmith@bakerpublishinggroup.com](mailto:Ksmith@bakerpublishinggroup.com) | 616.676.9185 x394

## **Suggested Interview Questions for Cyndie Claypool de Neve, Author of *God-Confident Kids***

- 1 You write that there is “a confidence crisis” in this generation. Please explain what you mean by that.
- 2 In the first chapter you give the definition of being God-confident. Can you share that with us?
- 3 You write about your own journey to God-confidence. Tell us about that. Is that what inspired you to write this book?
- 4 Why do you think *self-confidence* is not enough for children?
- 5 Can you explain how the increase in violence in our world today, such as school shootings, has affected the confidence of Generation Z?
- 6 What are some ways that knowing your roots and building a community help with God-confidence?
- 7 Share some examples of how people-pleasers can combat influences on their confidence levels and how they can use God-confidence to overcome it.
- 8 You explain in Chapter 11 that it’s important to model God-confidence to our children. Can you give us some practical ways you have done this with your own family?
- 9 What is the problem with children being overconfident?
- 10 Our instinct as parents is to protect our children. How can we protect them and still allow them to learn from struggles or failure in their lives?
- 11 Why is knowing your purpose important to building God-confidence?
- 12 What is your hope for readers of the book? How do you want this to impact people who pick it up?