

ENNEAGRAM PERSONALITY TYPES – A VERY BRIEF OVERVIEW

By Cyndie Claypool de Neve

WHAT'S YOUR NUMBER?

Tests are not always accurate, so start with the rubric below. **STANCES:** Are you more assertive and vocal about your opinions and ideas? Or are you the person that helps make the assertive person's dreams come true – you're dependable and get things done. Or do you not really care what other people's opinions are? You're withdrawn and would prefer to stay out of the fray.

TRIADS: Then choose a possible triad: Are you more of a thinker, feeler or do you go with your gut?

HYPOTHESIS: Then you'll have a possible number where you can explore if it is correct.

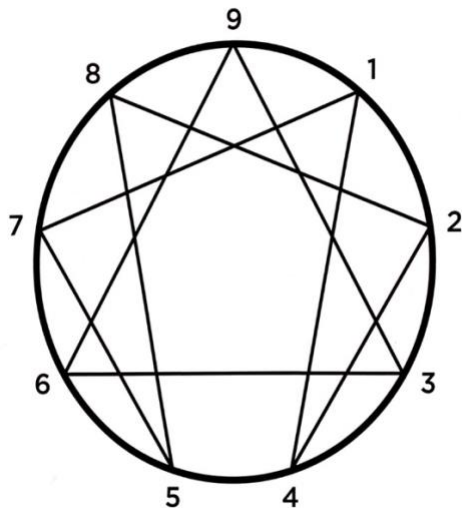
GETTING STARTED: A good place to start is www.enneagraminstitute.com/type-descriptions

FINDING YOUR NUMBER	THINKING TRIAD (fear)	GUT TRIAD (anger)	FEELING TRIAD (shame)
ASSERTIVE STANCE	7	8	3
COMPLIANT (responsible) STANCE	6	1	2
WITHDRAWN STANCE	5	9	4

A BRIEF OVERVIEW

1. Perfectionist/Reformer: Desire to be good; keeps running list of what they did wrong
2. Giver/Helper: Desire to be needed and loved; can sense what others need / feel
3. Achiever/Performer: Desire to feel valuable; strives to be the best
4. Individualist/Romantic: Desire to be significant and unique; has many emotions in a day
5. Observer/Investigator: Desire to be capable/competent; escapes social situations before energy runs out
6. Loyalist/Questioner: Desire for security and support; worries about worst-case scenarios
7. Enthusiast/Adventurer: Desire to be free and think positively; likes to be good at lots of things
8. Challenger/Boss: Desire to control their own lives; often has a soft side that wants to protect those who are hurt
9. Peacemaker/Mediator: Desire for harmony; has hard time making decisions or getting motivated

WINGS, STRESS & SECURITY



MAIN NUMBER	STRESS	SECURITY	WINGS
One	4	7	9 or 2
Two	8	4	1 or 3
Three	9	6	2 or 4
Four	2	1	3 or 5
Five	7	8	4 or 6
Six	3	9	5 or 7
Seven	1	5	6 or 8
Eight	5	2	7 or 9
Nine	6	3	8 or 1